

Atlantic Pork and Provision, Inc.
 Product Specification Sheet
 Est. 4336

Product Name:	Atlantic Brand Top Round USDA Choice Roast Beef
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Coating Ingredients: Black Pepper

Nutrition Information					
Serving Size	2 oz. (56g)				
Servings per container	Varied				
Amount Per Serving					
Calories	70				
Calories from Fat	25				
		Amount	% Daily Value		
Total Fat	2.5 g	4%			
Saturated Fat	1 g	5%			
Trans Fat	0 g				
Cholesterol	25 mg	9%			
Sodium	180 mg	8%			
Total Carbohydrate	0 g	0%			
Dietary Fiber	0 g				
Sugars	0 g				
Protein	14 g				
Vitamin A		0%	Vitamin C		0%
Calcium		0%	Iron		15%
* Percent Daily Values are based on a 2,000 calorie diet,					